



## LANGUAGE AND COOKING

The perfect combination of fully experience of Italian lifestyle

**BASIC COURSE:** 1 Week

**MINIMUM NUMBER OF PARTICIPANTS:** 2 participants

On request it is possible to arrange the course with only one participant. In this case the number of the cooking classes is reduced to two. The rest of the program remains unchanged.

**LEVEL OF KNOWLEDGE OF THE LANGUAGE :** from beginner to advanced

### PROGRAM 1 WEEK COURSE:

Intensive Language course from Monday to Friday

3 cooking lessons

1 wine and local products tasting

1 visit to the central market of the city

#### Monday:

Morning:

Intensive language course in classes with students of the same level

Afternoon:

14.30: Visit to the central market of the city "Logge del Grano" accompanied by our Chef Lalla.

Students will buy food and wines of the territory (Km 0) that they will use to prepare the dinner

17.00: Cooking lesson at Lalla's home

#### Tuesday:

Morning: Intensive language course in classes with students of the same level

Afternoon:

17.00: Cooking lesson at Lalla's home

#### Wednesday:

Morning: Intensive Italian course in classes with students of the same level

Afternoon: 17.00: Wine tasting and local products in a wine bar in the old town

Thursday:

Morning:

Intensive language course in classes with students of the same level

Afternoon:

17.00: Cooking lesson at Lalla's home

Friday:

Morning:

Intensive language course in classes with students of the same level

Afternoon:

free afternoon. The students will have the opportunity to attend an extra-curricular activities organized by the school (not included in the price of the course)

**SOME MORE INFORMATION ON COOKING CLASS**

Classes are held at Lalla's home , our Chef , and start at 17.00. The environment, though familiar , is equipped to carry out professional courses.

The program provides a general course in order to acquire the basic skills necessary to prepare authentic Italian and Tuscan dishes.

Students prepare a complete menu every time ( hand-made first course, one second course , two side dishes and a dessert).

Sometimes the courses can be by theme ( first courses , main courses , vegetables, sweets, etc)

The course requires the active participation of the students who prepare with Lalla's help , the best dishes of Italian cooking tradition.

After the lesson students have dinner together and taste the dishes and have the opportunity to practice the Italian language in a relaxed and friendly atmosphere .

Our Chef will offer students a welcome drink, the recipes of the dishes prepared and dinner will be always accompanied by wine and liquors

**PRICE OF 1 WEEK COURSE: €570**

THE COST INCLUDES:

- 1 week intensive course of Italian language and culture
- 3 cooking lessons
- 1 visit to the market accompanied by Chef Lalla
- 1 winetasting and local products